

Exchange Club Center for the Prevention of Child Abuse of Iredell County

Logic Model

as of October 17, 2007

Agency mission: The Exchange Club Center for the Prevention of Child Abuse of Iredell County, Inc. is a non-profit 501(c)(3) organization incorporated in 1991 for the purpose of preventing parents from abusing and neglecting their children and intervening when abuse has occurred.

Parent Aide program: A home visitation program in which Volunteer Parent Aides make home visits to families struggling with discipline or other parenting issues. The Parent Aide fosters change in parenting behavior, helps with problem solving, encourages access to community services, and improves parent-child interaction.

Inputs	Activities	Output	Outcomes	Goals
Parent Aide model, National Exchange Club Foundation for the Prevention of Child Abuse (accredited 2006, AA level) Parent Aide programs in Statesville and Mooresville with <ul style="list-style-type: none"> • 2.5 FTE paid staff • .5 FTE paid Parent Aide • Volunteer Parent Aides • Referrals of clients from DSS and other sources 	Parent Aide program to #? families each year	Weekly home visits to each family for 6-24 months Teaching and modeling of: <ul style="list-style-type: none"> • Parenting • Life skills (problem-solving, communication anger mgnt, etc) Case management (referrals and follow-up) for meeting of family's basic needs and functioning	Families with: <ul style="list-style-type: none"> • Increased parenting skills • Improved family functioning • Decreased parental stress • Fewer reports to Department of Social Services 	Children safe from child abuse and neglect in families

as measured by:

<ul style="list-style-type: none"> • Initial Needs Assessment • Treatment plans/goals • Service Logs • Client files • Supervision records 	<ul style="list-style-type: none"> • Case closure reason. • Completion of treatment goals • North Carolina Family Assessment Scale (pre and posttest) • Parenting Stress Index – Short Form (pre and posttest) • Reports to DSS (one year after case closure)
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The mission of the Exchange Club Center for the Prevention of Child Abuse of Iredell County is to prevent child abuse and neglect and to intervene in families where abuse and neglect has occurred and is met, in part, through the Parent Aide program. The program is accredited by the National Exchange Club Foundation (NECF) for the Prevention of Child Abuse and Neglect, and uses the NECF Parent Aide model.

The Parent Aide program is offered in Iredell County from two locations: Statesville and Mooresville. Clients are referred to the Parent Aide program from the Department of Social Services and other referral sources. Clients are served by paid staff and volunteer Parent Aides. The activities provided through the Parent Aide program include home visits and case management each week over a period of 6 to 24 months. During the home visits, parents are taught and modeled appropriate parenting and life skills. Case management services provide families with access to needed services such as housing, food, healthcare, education, employment, and mental health.

The assurance of these activities is provided through the completion of an Initial Needs Assessment for each family as well as a treatment plan formulated specific to each family's strengths, risks, and needs. Risk factors for families at-risk for child abuse and neglect, such as domestic violence, substance abuse, and lack of social support, are also attended to through the Initial Needs Assessment and reflected in the family's treatment plans. Service logs, client files, and supervision records are kept to help ensure the quality and consistent delivery of services to all clients.

The desired and measureable outcomes for each family include increased parenting skills, improved family functioning, decreased parental stress, and fewer reports to Department of Social Services. The accomplishment of these outcomes is measured in a multi-faceted manner. When cases are closed, a closure reason is assigned by the worker based on the meeting of treatment goals. The North Carolina Family Assessment Scale (NCFAS) and the Parenting Stress Index/Short Form (PSI/SF) are published, standardized scales with established validity and reliability. The NCFAS is completed by staff. The NCFAS is a practice-based instrument designed to assess five domains of family functioning: Environment, Parental Capabilities, Family Interactions, Family Safety, and Child Well-Being. Each of the five domains and associated subscales utilize a six-point rating scale, ranging from -3 (serious problem) to +2 (clear strength), through a "0" point labeled Baseline/Adequate. The Parenting Stress

Index/Short Form is completed by the parents and examines stress in the parent-child system. It has three subscales: Parental Distress, Parent-Child Dysfunctional Interaction, and Difficult Child; as well as a total score, indicating Total Stress and a Defensive Responding subscale. The PSI/SF has 36 items, which are answered on a Likert scale. The NCFAS is completed by the worker at pretest, midpoint, and posttest; the PSI/SF is administered to the client at pretest and posttest. A follow-up check with Department of Social Services for reports of child abuse within one year after the conclusion of services is yet another indicator of success. In this way, triangulation of outcome measurement increases the validity of findings. The professional literature on child abuse and neglect supports the reduction of child abuse and neglect when these family risk factors have been addressed.

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