

**Helping Relationship Inventory: Client (HRI:C)**

	Not at all	A little	Somewhat	A lot	A great deal
1. How much input have you had in determining how you and your Parent Aide will work together? .....	1	2	3	4	5
2. How much have you and your Parent Aide discussed the specific problem(s) with which you want help?.....	1	2	3	4	5
3. How much input have you had in determining the specific problem(s) you are addressing in your work together?.....	1	2	3	4	5
4. To what extent have you and your social worker discussed the specific goal(s) you hope to accomplish in your work together? ....	1	2	3	4	5
5. How much input have you had in determining the goals you are working on? .....	1	2	3	4	5
6. To what extent have you and your Parent Aide discussed the specific actions you will take to address your difficulties?.....	1	2	3	4	5
7. To what extent have you and your Parent Aide discussed the specific actions your Parent Aide will take to address your difficulties?.....	1	2	3	4	5
8. How much have you and your Parent Aide discussed how your progress is going to be assessed? .....	1	2	3	4	5
9. How much input do you have in determining how you and your Parent Aide will assess your progress?.....	1	2	3	4	5
10. To what extent have you and your Parent Aide discussed your progress? .....	1	2	3	4	5
11. Do you feel your Parent Aide pays attention to you? .....	1	2	3	4	5
12. Is your Parent Aide's understanding of your difficulties similar to your own? .....	1	2	3	4	5
13. Does talking with your Parent Aide help you get more organized about resolving your difficulties? .....	1	2	3	4	5
14. Does talking with your Parent Aide have a calming, soothing effect on you?.....	1	2	3	4	5
15. Does talking with your Parent Aide give you hope? .....	1	2	3	4	5
16. Does your Parent Aide help you think more clearly about your difficulties? .....	1	2	3	4	5

	Not at all	A little	Somewhat	A lot	A great deal
17. Does talking with your Parent Aide help you to believe more in yourself? .....	1	2	3	4	5
18. In general, do you feel you and your Parent Aide see things in similar ways? .....	1	2	3	4	5
19. Does your Parent Aide help you to think more clearly about yourself? .....	1	2	3	4	5
20. Do you feel that you and your Parent Aide are alike in some ways? .....	1	2	3	4	5

**For the Helping Relationship Inventory: Worker (HRI:W) replace all the references to “Parent Aide” with “client.”**